## My HEART and My HUSBAND Adele Garrison's New Revelations

of a Wife

WHAT MADGE SAW IN

MR. STOCKBRIDGE'S OFFICE

For a moment Alice Holcombe and I faced each other tensely, she insistent on the course she had outlined. I equally determined against it.

I was willing to go to many lengths for Alice Holcombe, but this proposition to spy upon my principal's wife through a transom was something I could not do. I was big enough, however, to see the justice of her standpoint. It was her duty, her privilege, to protect the man she loved from the crazed maneuvers of his wife. But while I was perfectly willing to help her even to a point involving personal danger, I felt that I must refuse this thing she had asked, nay, commanded me to do.

"Please don't be angry," I asked, "but I cannot watch Mrs. Stockbridge when she doesn't know I sm. near her. I will, however, go down to the office at once and stay there until some one comes to relieve me."

"Oh, will you?" Alice Holcombe's face registered relief and astonishment. "I didn't think I ought to ask you that for fear of the unpleasantness Mille might cause you, If she, hecaps angered at your coming down. She's not strong enough to hurf you, but she might say some very horrid things. Oh, dear!" her face felt. "I had forgotten that the teachers and children will be coming in. We mught't risk a scene."

"We probably are risking a scene."

"We probably are risking a scene."

"We probably are risking a scene anyway." I said practically. "But you must decide quickly. I will go down to the office on some plausible pretext, or I will stay here."

"Oh. go down by all means and at once," she said, and I saw that she was having difficulty in controlling her emotions.

EVENING CAPES ARE ELABORATE,

## Vivid in Color and Rich in Fur-Gorgeous

(By Annette Bradshaw.)
Once upon a time one good-looking evening wrap was a necessary feature of every wardrobe. Nowadays a fashionable woman has not merely one, but a collection of such wraps made from fabrics and colors that suggest the gorgeous splendor of the east in glimmering, glistening brocade or softest chiffon laid fold over fold in a mystic maze of color.

Taffeta in the most pliant waves and exquisite colors lends itself to the interesting lines of these capes, and charmeuse in all its loveliness gleams in the most beautiful shades of gold, magenta, coral and peach that produce these enchanting man-

that produce these enchanting man-ties. High collars of fur are charac-teristic of these capes.

A wonderful evening coat is illus-

A wonnerful evening code, wrought with silver. It is topped with a high collar of summer ermine which fas-tens to one side at the front. A string of jet beads hanging from a jet chain than Mary, W man, that's all.

The other cape is a glorious shade of old gold charmeuse. Its collar is black fox. This cape is tucked in deep tucks about six inches in depth. These tucks give the effect of a series of small capes. A cord and tassel of tarnished gold fastens this cape.

CHARTERED BY STATE. Nashville, June 27 .- The secretary of state has issued charters as follows: Powell-Engler company, Memphis, capital \$100,000. Incorporators: R. P. Powell, Joseph Engler, Jr... D. N. Harsh, C. E. Van Camp and George

Dreadnaught Sales company, Mem phis: capital \$20,000 Incorporators: J S. Wilson, G. B. Wilson, Jr., S. G. Hodges, G. N. Batchelor and H. Spear. Willie Oil and Gas company, Kingston: capital, \$10,000 Incorporators: R. B. Cassell, D. O. Harris, J. F. Ev-ans, C. G. Baker and F. H. Enright. Security Mills and Feed company.
Knoxville, amendment increasing capital stock from \$50,000 to \$100,000.
Cherokee Spinnig company. Knoxville, amendment increasing capital stock from \$200,000 to \$300,000.

Winifred Black Writes About Equal Wages

looking and I like to have them getting married.

works all the harder. When a woman gets married she gives up the job down town, and we have to break in a stranger and teach her not to speak to the office manager Monday morn-In looking for a house, the easiest to the office manager Monday morn-way is to read our want ads. —(Adv.) ings, anyway, before 11. and never

(Copyright, 1919, by Newspaper Feature Service, Inc.)

A man told me the other day that he wished he could have nobody but women working in his office and in his factory and in his shop have everything to do with it, and "Women are it's discouraging.

quicker than "That's the only reason I don't be-

quicker than men," said the man who told me this. "They are more conscientious and they are more faithful to de-distributed for the faithful to de-distributed for the for tree while-said in a month of the for the formation of the formation they fox trot awhile-and in a month or so I've got to get a new girl. "I wonder if the time isn't going to come when we're going to divide women into classes, as they did in the old civilizations.

"The mother women, the pleasure-

And, come to think of it, it really would, wouldn't it?
It would be a fine arrangement for

everybody-but the women.

and he has to make enough to take care of a wife? Well, that's so. But how about Mary's mother? Mary takes care of her as a matter of course and never thinks of acting like a martyr over it. There's Sarah and William, both of them doing the same work, and William getting more than Sarah. William is already engaged-so's

But Sarah wants to send her little sister through high school and she's saving a little for Brother Jimmy's clothes when he starts in to college. What is the Difference? Sarah makes her own clothes and washes her own shirtwaists and trims her own hats. She doesn't do these things because

she likes them. She does them be-cause she has to, and it takes a good deal of her strength and ambition. deal of her strength and ambition.

Sarah really would be worth \$25 a month more as a clerk if she had a big enough salary so she didn't have to sit up till 11 o'clock every night sewing and mending and turning and pressing to keep herself looking trim and tidy at the office.

The labor unions are out for equal wages for equal work.

They don't want women taking the place of men because they'll work cheaper.

If a woman does the same work as a man she ought to get the same money for it, oughtn't she?

She can't rent a room any cheaper than a man; she can't buy food any cheaper, and her clothes cost a whole lot more.

She Just Goes Without. Oh, yes, I know men are always telling you how clever women are.

But when we've lived awhile among women who work for a living, we realize that the woman who lives on less than a man lives on worse things than a man and fewer of them, that's

Why should that make any differ-

heaper.

For my part, I wish women didn't have to work for a living at all, but my wishes don't seem to have very much to do with the matter. And as long as Mary must work, pay Mary exactly what you'd pay John—that's the way I feel about it.

How about you?

## SUPERFLUOUS HAIR WHY IT INCREASES

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Secrets of Health and Happiness

"Broken Veins"—The Way Science Now Treats Them

"A woman can get along on half that a man can and save money, at that." That's what they say, and when we women hear them say it we smile and look pleased—at first. channels for the which have become turned. Commonricose veins are disregarded

She doesn't manage—she just goes without. And going without isn't al-ways the most charming thing in the world, is it? Often, however, There's John at one desk and Mary at the other—side by side they sit and day by day they do exactly the

But John gets \$25 a month more han-Mary. Why? Because he's a

Rubber stockings, elastic bandages, pressure tapes, and stitching operations are often necessary to remedy varicose veins. That is to say, until

Dr. F. W. Kappelman, of Milwaukee, devised his new plan of relief. This method is the use of hot salt water in a definite strength as an in-

The advantages of Dr. Kappelman' procedure are the ease, facility and swiftness of the whole plan. It is not tedious, requires only a few minutes and is simple of accomplishment. There is little cutting no loss of senno interference with the of lymphatics, the length of stay in bed after the injection is re-

(By Dr. Leonard Keene Hirschberg,
A. B., M. A., M. D., Johns
Hopkins University.)

"Broken" veins are variouse veins
The doctor's equipment for this method is relatively simple—a thermometer to register the 160 degrees,
Fahrenheit, the temperature of the water used; two sterile race horse bandages, six feet rubber hose on an irrigation flask and the usual knife

ly enough, va- and forceps.

The veins are caught up after the anesthetic has become effective and each little twisted part snipped off because they are for two inches. The leg is then ele-

in the surface veins, is expelled through the opening at the knee and the veins are collected. porary and mend they remain permanent in men and women who stand a great deal, who eat the veins are collapsed by means of the race horse bandage, which is wound very tightly around the leg from the ankle to just below the knee.

The 3 per cent. solution of salt is DE HINDHESIE more than they held in the flesh three feet above the should or who are indoors much of cut veins. It is then allowed to flow through the tubing into the vein as the bandage is unwound. "The aim of the operation is to ob-

literate the turn and twisted opening of the vein. This it triumphantly

while the salt water is introduced. This is all carried out in the manner mentioned.

mentioned.

Varicose velns are troublesome things. Whenever there is a congestion in the kidneys, heart or other internal structure, varicose velns may assert their unwelcome presence. They are painful affections which greatly interfere with work, efficiency and locomotion. Any one ill with these whirls of red blotches and lines cannot be as productive an individual or as good a wage earner as he would be otherwise.

ANSWERS TO HEALTH QUESTIONS Q.—What do you advise for a bad

breath?—K. K. Z.

A.—Your nose, teeth, adenoids and tonsils may be the causes of this foul breath. If you are not at all constipated and are fairly active with your limbs, foul breath may be excommunicated by the use of a good toothbrush, a disinfecting tooth paste, dental floss or silk pulled back and forth a few times between the teeth, and a nust wash something like alkaline antiseptic solution. You may find relief from this annoying feature by taking half a dozen five-grain charcoal tablets two or three times a day.

Q.—What can I do for freckles?—J.

Q.—What can I do for perspiring hands?

A.—Wash the hands often in warm water and castile soap. Also massage them with a little rosewater and glycerine.

Q.—What can I do for a pain in my right side?—A Daily Reader.

A.—This may be due to galistones, infection of the bile sack, constitution, muscle strain, sore kidney and other things. Until that is determined and the troublesome thing removed, use a vibrator and take bending exercises of a physical culture kind.

Q.—What can I do for my baby? She hasn't any apperite.—R. Y.

A.—She should have plenty of fresh air and sunshine. Also see that her bowels are active.

Q.—What can I do for dandruf?—A Steady Reader.

A.—A little of the following may be used three times a week: Sulphur, I dram; resorcin, 10 grains; salicylic acid. 10 grains; sulphate of quinine, 10 grains; petrolatum, 1 ounce.

Q.—What can I do for a soreness and stiffness in my heels?—B. F. B.

A.—Massage, vibration and electric battery will assuage the soreness and stiffness.



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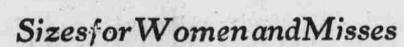
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